

# THE MARKETPRO TRADING SYSTEM

How traders find opportunities, plan trades, and build  
consistent performance

Master Your Trading Journey

**Kevin Lloyd**

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## YOUR FIRST TRADING SYSTEM

The Beginner's Guide to the MarketPro Trading Method

SCAN • PLAN • EXECUTE • REVIEW

By MarketPro Trading

### INTRODUCTION

Welcome to your first step into the world of trading.

If you're overwhelmed, confused, constantly second-guessing yourself, or unsure where to begin—this short book is for you.

Trading doesn't start with fancy indicators, complex strategies, or predictions. It starts with a simple, repeatable system.

That system is the MarketPro Trading Method:

SCAN → PLAN → EXECUTE → REVIEW

This 4-step loop is the foundation of every successful trader's routine.

Once you learn to run this loop, you'll finally understand:

- What to trade
- When to trade
- How to trade
- How to improve over time

Let's begin.

### WHY MOST BEGINNERS FAIL

Most beginners don't fail because they're not smart enough.

They fail because they:

- Chase hype
- Have no clear plan
- Risk too much on one trade
- Trade emotionally
- Never review their mistakes
- Try 12 strategies at once
- Don't know what to look for each day

Trading is not luck.

Trading is a skill, and skills are built from process.

The next pages will give you that process.

### WHAT YOU NEED TO START

You don't need a lot to start trading the right way.

Here's your beginner toolkit:

- A charting platform  
(TradingView, ThinkorSwim, Webull, etc.)
- A broker  
(paper trading is perfectly fine to start)

- A routine

A simple daily flow you can repeat.

- A journal

Somewhere to save screenshots and notes.

- A system

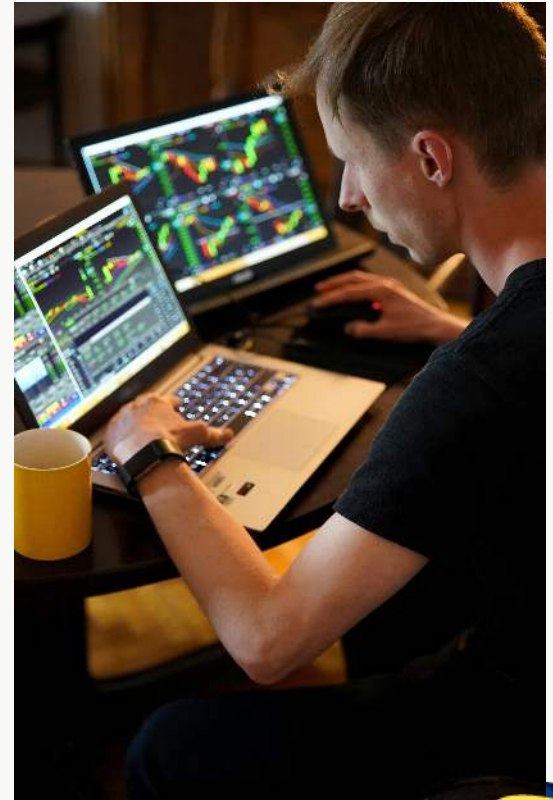
This book gives you that system.

Keep it simple.

Beginners fail from complexity, not simplicity.

## THE 4-STEP MARKETPRO METHOD (OVERVIEW)

Before we go deeper, here's the high-level view of your new system:



### 1. **SCAN** — Find A+ opportunities

You filter the market down to a small list of clean, high-quality setups.

### 2. **PLAN** — Write your rules for the day

You map out your entry, stop, target, and risk BEFORE the market opens.

### 3. **EXECUTE** — Follow your plan with discipline

You trade what you planned. Nothing else.

#### 4. **REVIEW — Improve daily through reflection**

You screenshot, tag, and study your trades to get better every day.

This loop, repeated daily, transforms beginners into consistent traders.

#### STEP ONE: SCAN



Scanning means filtering the market for only the best opportunities.

Beginners often look at everything—which means they see nothing clearly.

Here's what proper scanning looks like:

##### 1. **Build Your Universe**

Choose 20–50 stocks you'll follow consistently.

Examples: **AAPL, MSFT, NVDA, AMD, META, TSLA.**

##### 2. **Scan for Your Setup**

Start with ONE setup, such as:

- Breakout
- Pullback
- Trend continuation

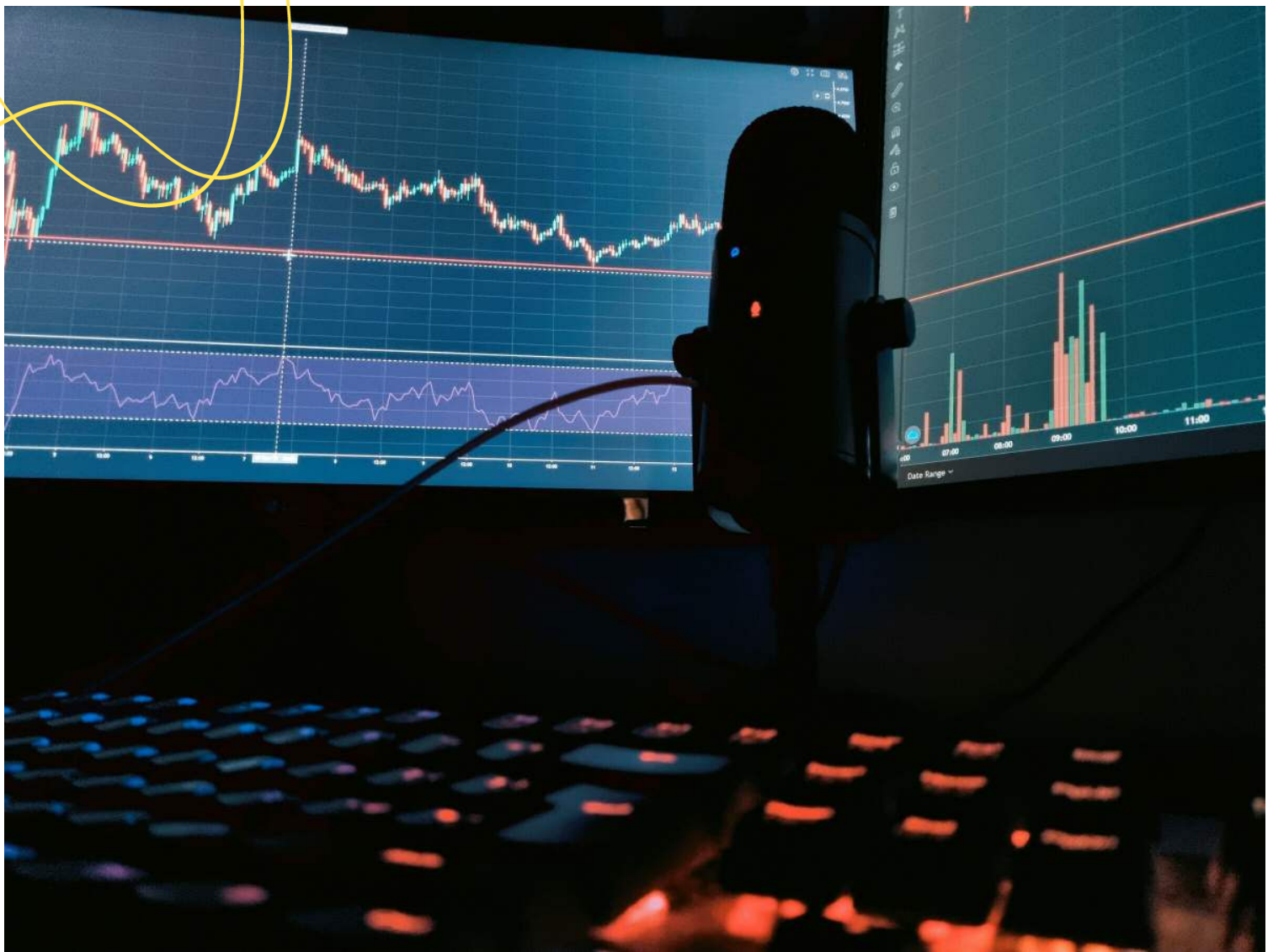
You're not hunting. You're filtering.

##### 1. **Create Your Shortlist**

Narrow the list down to **3–10 stocks** for your daily watchlist.

Daily Scan Goal:

Find clean, structured stocks—not random noise.



## SCAN CHECKLIST

Use this beginner Scan Checklist every day:

- What is the overall market doing today?
- Which stocks have strong volume?
- Which stocks match MY setup?
- Are the charts clean, trending, or at key levels?
- What 3–10 names belong on my watchlist?



If you stop scanning randomly and follow this checklist, your clarity improves instantly.

## STEP TWO: PLAN

Once you have your watchlist, it's time to create your daily plan.

Planning removes emotion.

Planning turns chaos into structure.

A good plan answers these questions:

**1. Where will I enter?**

What exact level or pattern must occur?

**2. Where is my stop?**

At what price is my idea clearly wrong?

**3. Where is my target?**

What's the realistic profit zone?

**4. How much will I risk?**

Never more than **1%–2%** of your account on one trade.

**5. What conditions must be true?**

Trend direction, volume, time of day, etc.

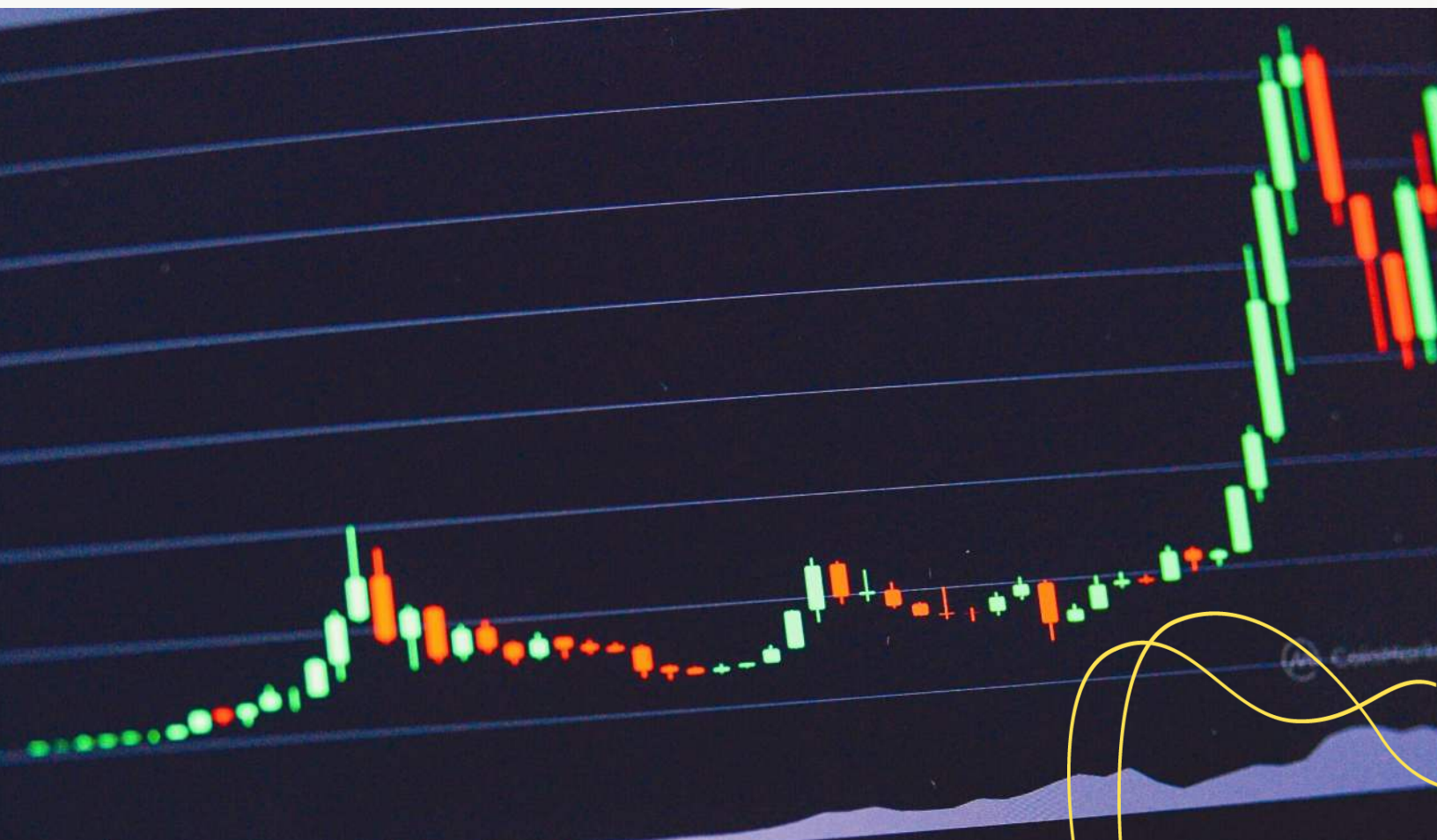
If you can write your plan in one clean sentence, you're ready.




## PLAN CHECKLIST

Here's your daily planning flow:

- Map key levels
- Identify your preferred entry
- Set your stop loss
- Set your profit target
- Confirm your risk per trade
- Write your IF/THEN rules





Example:

“If price breaks above 150 with strong volume, I’ll enter long.  
If it falls below 147, I’m wrong and will stop out.”

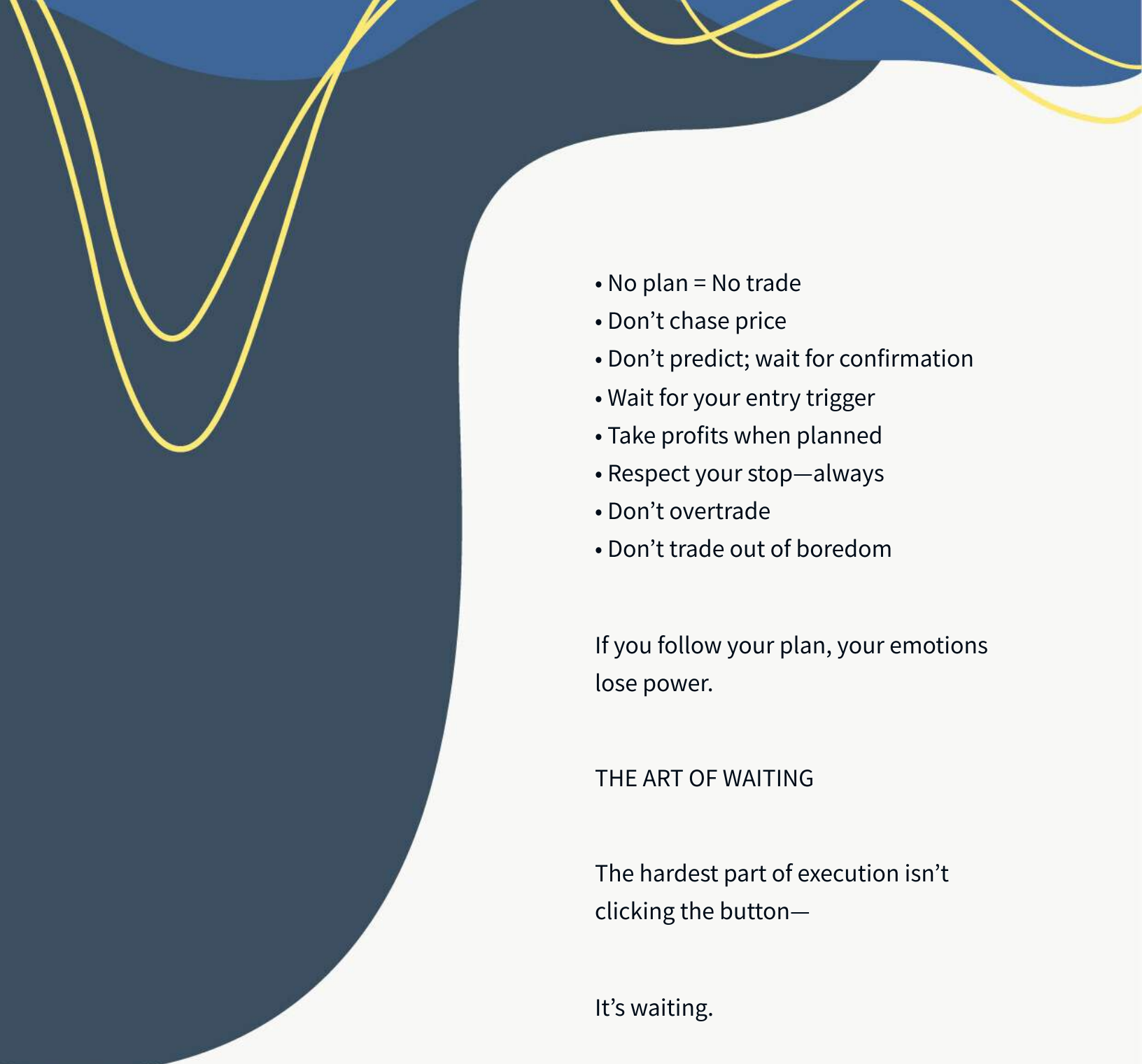
Clean. Simple. Effective.

### STEP THREE: EXECUTE

Execution is where beginners struggle most—not because they lack knowledge, but because emotions take over.

Execution means following the plan EXACTLY as written.

Beginner Execution Rules:

- 
- No plan = No trade
  - Don't chase price
  - Don't predict; wait for confirmation
  - Wait for your entry trigger
  - Take profits when planned
  - Respect your stop—always
  - Don't overtrade
  - Don't trade out of boredom


If you follow your plan, your emotions lose power.

#### THE ART OF WAITING

The hardest part of execution isn't clicking the button—

It's waiting.

Waiting for your:

- 
- Setup
  - Level
  - Trigger
  - Confirmation

Most beginner losses come from entering too early or chasing too late.

Patience is your trading superpower.

#### EXECUTION CHECKLIST


Run through this before entering any trade:

- Is this the exact setup I planned?
- Am I entering at my planned level?
- Is the stop in the right place?
- Is my risk size correct?
- Am I trading emotionally or logically?

This simple checklist can save beginners thousands of dollars.

#### STEP FOUR: REVIEW

Review is where REAL improvement happens.



Every professional trader reviews their trades.  
Every struggling beginner avoids it.

Your review teaches you:

- What worked
- What didn't
- What patterns repeat
- Where your emotions hurt you
- What you can improve TOMORROW

Reviewing turns losses into lessons.

HOW TO REVIEW (SIMPLE METHOD)

Here's a beginner-friendly review routine:

## 1. Take Screenshots

Capture your chart with:

- Entry
- Exit
- Stop
- Notes

## 2. Tag Your Trade

- **A+** (Planned & executed well)
- **B** (Planned but sloppy)
- **F** (Not planned / emotional)

## 3. Ask These Questions:

- Did I follow my plan?
- Was the setup valid?
- What emotions did I feel?
- What can I do better tomorrow?

## 4. Track Your Mistakes

Your patterns will reveal themselves quickly.

## PUTTING IT ALL TOGETHER

You now have a complete beginner trading system:

SCAN – Find clean, high-quality setups

PLAN – Define your rules before you trade

EXECUTE – Follow your plan without emotion

REVIEW – Improve daily through reflection



This is the MarketPro Trading Method.

This is how beginners build confidence.

This is how traders become consistent.

If you repeat this loop every day, you will build skill faster than 90% of new traders.

## NEXT STEPS

If you'd like to go deeper, your next steps could be:

- Turn this system into a written daily routine
- Build a simple trading journal in Notion, Excel, or a notebook
- Print the checklists and keep them near your screen
- Commit to reviewing every trading day—even if you didn't trade

The MarketPro Trading Method is your foundation.

Now it's time to build on it.

**[www.marketprotrading.com](http://www.marketprotrading.com)**

